

HOCKEY EQUIPMENT CHECKLIST

Optional but recommended *



EVERYONE CAN PLAY OUR GAME



Helmet and Cage



Hockey Skates



Hockey Stick/Shin Tape



BNQ Neck Guard



Skate Foot Sock



Towel to dry skates *



Shoulder Pads



Hockey Bag



Skate Guards *



Elbow Pads



Hockey Stick



Mouth Guard *



Shin Pads



Jock/Jill Shorts or Leggings



Hockey jersey *



Hockey Pants



Water Bottle



Compression top *



Hockey Gloves



Hockey Socks (legs)



Compression Leggings *